

## Instructional Emphasis

	Pre-school to kindergarten (2 - 5 years old)	Early elementary years (6 - 8 years old)	Late elementary years (9 - 11 years old)	Secondary years (12 - 18 years old +)
<b>Recommendations regarding instruction</b>	<ul style="list-style-type: none"> <li>• <i>provide opportunities to make choices by offering options</i></li> <li>• <i>assist student to recognize alternatives</i></li> <li>• <i>restrict choices that are possibly harmful</i></li> <li>• <i>revisit choices made in very recent past to help student identify the consequences of these choices</i></li> <li>• <i>discuss plans for future choices</i></li> <li>• <i>encourage students to make plans and abide by them during the school day</i></li> <li>• <i>ask students to think about others feel about certain circumstances</i></li> </ul>	<ul style="list-style-type: none"> <li>• <i>emphasize the use of multiple strategies to achieve a solution to a problem</i></li> <li>• <i>present various options of choice and decision making</i></li> <li>• <i>support students in recognizing matches between their abilities and various strategies and options</i></li> <li>• <i>encourage students to revisit decisions based on the information gained by their action</i></li> <li>• <i>encourage student to formulate a revised approach if necessary</i></li> <li>• <i>assist students in evaluating their own work to promote self-regulation</i></li> <li>• <i>help students to practice rule-based decision making skills</i></li> </ul>	<ul style="list-style-type: none"> <li>• <i>focus on supporting students in making decisions in listing options, identifying consequences, and weighing costs</i></li> <li>• <i>support students in revisiting past decisions and identifying alternative courses of actions if needed</i></li> <li>• <i>assist students to use their emerging decision-making skills to set goals for their personal and school life</i></li> <li>• <i>monitor their progress toward these goals</i></li> <li>• <i>guide students to self-evaluate their needs based on their strengths and weaknesses</i></li> </ul>	<ul style="list-style-type: none"> <li>• <i>emphasize increased responsibility for decision making, planning, goal setting, and self-regulated learning</i></li> <li>• <i>support students to overcome the impulse to act on emotions as opposed to a plan or goal</i></li> <li>• <i>assist students to analyze their decisions systematically and critically evaluate the information they use to make decisions</i></li> </ul>